



TAPPING PRIMARY SCHOOL

TERM 4, 2023 AND TERM 1, 2024 CANTEEN MENU



DAILY HOT MEALS

(G) Macaroni cheese 200g	\$5.00
(G) Fried rice 200g	\$4.50
(G) Strip sub	\$6.00
2 x sweet chilli chicken strips with cheese, lettuce, tomato, cucumber and mayonnaise on a long white roll	
(G) Hamburger	\$6.00
Meat patty with lettuce, tomato, cucumber, carrot and tomato sauce on a white roll	
(G) Chicken burger	\$6.00
Flame grilled Chicken patty with lettuce, tomato, cucumber, carrot and mayonnaise on a white roll	

PIZZA

(MON * TUES * WEDS)

* Ham and cheese	\$4.50
* Ham, cheese and Pineapple	\$4.50
* Margharita	\$4.50

OR

(A) Crumbed chicken goujons x 6	\$4.50
(A) Cheeseburger	\$5.50
Meat patty, cheese and tomato sauce on a white roll	

GLUTEN FREE

(G) Macaroni Cheese 200g	\$6.00
(A) Nacho Dippers	\$4.50

SANDWICHES & WRAPS

	<u>SANDWICH</u>	<u>WRAP</u>
(G) Chicken & Salad	\$4.00	\$6.00
(G) Ham & Salad	\$4.00	\$6.00
(G) Egg (plain)	\$3.50	\$5.50
(G) Egg & Salad	\$4.00	\$6.00
(G) Tuna & Salad	\$4.00	\$6.00
(G) Cheese & Salad	\$4.00	\$6.00
(G) Vegemite	\$3.00	\$4.50

ADD Cheese	.50
ADD Gluten Free Bread	\$1.50

TOASTIES

(G) Cheese (Reduced fat)	\$3.50
(G) Ham & Cheese	\$4.50
(G) Chicken & Cheese	\$4.50

ADD Gluten Free bread	\$1.50
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CHEESIES

(G) Melted cheese with tomato sauce on a long white roll	\$4.00
OR	
(G) Melted cheese and vegemite on a long white roll	\$4.00

PIES AND SAUSAGE ROLLS

(WEDS * THURS * FRIDAY)

(A) Beef Cruiser Pie	\$4.50
(A) Sausage Roll	\$4.00
(A) Snack Pie	\$1.50

Tomato Sauce Portion	.50
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SUSHI

(AVAILABLE WEDNESDAY & THURSDAY ONLY)

(G) Tuna x 5 piece	\$7.00
(G) Teriyaki chicken x 5 piece	\$7.00

GREEK SALAD

(G) Cucumber, tomato, red capsicum, olives, red onion and Feta	\$7.00
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EXTRAS

(G) Cheese	.50
(G) Tomato	.50
(G) Pineapple	.50
(G) Beetroot	.50
(G) Egg	1.50
(G) Mayonnaise	.50

