Sun Smart Policy

Rationale

This SunSmart Plan/Policy has been developed to ensure that all students and workers (ie teachers, staff and volunteers) of Tapping Primary School maintain a healthy UV exposure balance which minimises the risk of skin cancer with appropriate sun protection measures, yet ensures some daily sun exposure for vitamin D requirements.

Objectives

• Assist the school community to achieve a healthy UV balance.

• Encourage the entire school community to use a combination of sun protection measures.

Implementation

Curriculum

• Educational programs on skin cancer prevention are incorporated into the Health curriculum.

Uniform/clothing

Whenever UV levels are 3 or above:

• Students must wear broad-brimmed hats whenever they are outside.

• Staffs are required to wear broad-brimmed hats for all outdoor activities.

• Parents should also be encouraged to wear broad-brimmed hats when participating in and attending outdoor school activities.

• The school will support those staff and students who choose to wear sunglasses. A close fitting wrap around style that meets AS 1067 is recommended.

Sunscreen

Whenever UV levels are 3 or above:

• Students and staff are actively encouraged to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen regularly e.g. prior to school, before lunch, PE lessons, sport, excursions, etc.
• Sunscreen is easily available throughout the school for staff and student use.

Sport and Physical Education

Whenever UV levels are 3 or above:
• Where possible, outdoor activities/events will be scheduled to minimise time in direct sun e.g. earlier in the morning or later in the afternoon. The use of indoor and shaded facilities will be considered at other times where possible.

Camps and Excursions

Whenever UV levels are 3 or above:
• Sun protection is considered in the planning of all camps and excursions.

Shade

Whenever UV levels are 3 or above:
• The school council/board ensures shade provision is considered in plans for future buildings and grounds.
• The school council/board ensures shade is available in the school grounds particularly in areas where students congregate – for example, lunch areas, canteen, outdoor lesson areas. If this is not possible, the school is working towards increasing and/or maintaining shade (built, portable or natural) in the school grounds.
• Where shade is otherwise not available, temporary shade structures will be considered for events such as sports carnivals.
• Students and staff are actively encouraged to use shade when outside, particularly if they are not wearing appropriate hat or clothing.

General awareness and reminders:
• The school actively promotes a positive culture around sun protection. ie Via school newsletters, notice boards, assembly announcements and school website etc.

Principal

1.02.16